16TH ANNUAL CONFERENCE SPECIAL ISSUE
RUDY GIULIANI ON HELLENIC VALUES

CHAIRMAN BEHRAKIS ON L100 GROWTH
ARCHBISHOP DEMETRIOS ON CHURCH HISTORY
ICONS & OBELISK
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Rudy Giuliani told some 450 people attending the Grand Banquet on February 3 that Hellenic values are at the very basis of our civilization and that “by preserving these values, you help not only yourselves, but all of us.”

In accepting the Archbishop Iakovos Leadership 100 Award for Excellence, the first time it was given to someone outside the Greek Orthodox American Community, the former New York City Mayor, who gained national attention in his leadership of the city and nation during the tragedy of September 11, delighted the audience by praising Greek Americans for playing a key role in preserving their Orthodox faith and Hellenic heritage. These values, he said, are at the very basis of our respect for human life, our democratic freedom and our civilization.

He also spoke of his admiration for the late Archbishop Iakovos, whom he said had consoled him when he lost his first bid in running for Mayor. He said that sometimes “you learn more from losing than from winning”.

His Eminence Archbishop Demetrios of America, who officiated at the Conference and presented the Award to Giuliani, along with Chairman George D. Behrakis, reminisced on being with Mayor Giuliani on September 11 and credited the Mayor with exhibiting exemplary leadership, speaking of the response that day as having met an “explosion of hatred” with an “explosion of love”.

In a tease to his audience, Giuliani said: “You may want to ask if I am going to run for President and the answer is, ‘I think I am’.” Giuliani, who has been traveling across the country since launching an exploratory committee to run for President, has been tentative in his declaration, which he has made more definitive in a recent appearance on CNN’s Larry King Show.

Citing the terrorist attacks of September 11, 2001, Giuliani said Americans don’t want to be at war, but “they attacked us and are at war with us.” He said the country is not going in the wrong direction and that we have nothing to be pessimistic about, that we can solve the problems of terrorism, energy, education and immigration from strength. He said no nation has had more wealth and opportunity and lifted more people out of poverty.

Regarding immigration, the former Mayor said we should recognize that we are the nation everyone wants to come to and that groups like the Greek Americans, who have preserved their traditions, while successfully integrating into American life, should be a role model for others.
Chairman George D. Behrakis illustrated to the General Assembly the dramatic growth of Leadership 100 over the 23 years since its inception. Using a power point presentation, the Chairman reported current membership of 722 to date with 50 new members, contributions of almost $50 million over that period, investment in the endowment rising to more than $62 million and total assets approaching $80 million (see graphs on next page).

Chairman Behrakis emphasized that this success was best measured by the more than $23 million in grants given out that provided scholarships for candidates for the priesthood, assistance with student loans for active clergy, aid to retired clergy and presbyteras, support for the technology infrastructure of the Archdiocese and its Internet Ministries and general support for programs that promote Orthodoxy and Hellenism.

Paulette Poulos, the Interim Executive Director and Director of Development, described the process of vetting the membership roles with the purpose of reactivating dormant or non-current members, resulting in 16 reactivated memberships. In addition to the 50 new members, she reported an increase of 31 fulfilled members (those who have paid fully the commitment of $100,000), for a total of 313.

In other reports at the General Assembly, the more than 150 delegates were introduced to new member Michael Bapis, who is spearheading Leadership 100 Partners, a new program allowing young professionals to join Leadership 100 at reduced levels of contributions congruent with their age and advancement but culminating in the same overall commitment of $100,000; an Audit Committee report that demonstrated Leadership 100 is on sound financial footing with a relatively small percentage of expenses against revenue that ranked it high amongst charitable organizations; and other reports on an extended communications programs.
In an extraordinary session on Saturday, February 3, the final day of the Conference, the Executive Committee approved more than $2.5 million in new and continuing grants for 2007, with Hellenic College/Holy Cross School of Theology receiving $1,472,935, the bulk of the funding for 2007, and out-year commitments totaling more than $3 million. The National Ministries of the Greek Orthodox Archdiocese will receive a total of $886,145. Other recipients included the Metropolis of San Francisco, $100,000 for a Family Wellness Center; the Orthodox Christian Fellowship, $50,000 for Campus Ministry; and Retired Clergy in Need, $12,600 pension supplement.

The majority of the funding in 2007 for Hellenic College/Holy Cross, $1,121,660, was for the continuation of a 10-year, $10 million scholarship program. Supplemental funding of $1,420,000 was also approved to provide for the incoming seminarian class of 2007, while a study committee will report on a request from the school for a Phase II of the scholarship program over ten years. Additional funding of $250,000 over four years was awarded to the school for a major infrastructure plan to modernize, integrate and connect the school’s administrative and telecommunications systems, building a massive fiber-optic ring that will circumnavigate the school’s campus.

The Greek Orthodox Archdiocese of America will receive previously approved funding for Internet Ministries ($165,200); Archives Digitization ($100,000 over three years); and Religious Education ($94,820). New funding will go to Greek Education Teacher Development ($135,000); the Center for Family Care ($132,950); Parish Stewardship and Development ($121,240); the Home Mission Parish Program ($102,000); Office of the Archbishop Correspondence Tracking System ($84,500); Preparing for Marriage and Beyond ($29,410); and a Youth Protection Manual ($22,300).

Chairman George D. Behrakis said the grants approved in 2007 represented a broader range of support for both Orthodoxy and Hellenism and continued substantial support of Hellenic College/Holy Cross as a strategic priority to ensure well-trained highly qualified priests to serve parishes for decades to come.
The Leadership 100 16th Annual Conference opened with the theme of “Heritage of Hope” led by His Eminence Archbishop Demetrios of America who gave a stirring address on the history of the Orthodox Church in “Aspects of the History of the Church”.

Providing a comprehensive overview of more than 20 centuries of the history of the Orthodox Church and its geographical spread as the second largest Christian communion in the world, he said the Orthodox Church “shares 2,000 years of unbroken continuity with the teachings of Jesus Christ, His Apostles and the Fathers of the Church.” The Archbishop handily juggled statistics, church organization, theology, doctrine, scriptures and writings, heresies and persecution, and geopolitical factors in the rise of Orthodox Christianity.

Noting estimates of some 250 million Orthodox Christians worldwide (5.5 million in the U.S. of which 1.5 to 2 million are Greek Orthodox), His Eminence pointed to the growth of Orthodox Christianity in Korea and Africa in recent decades as an indication of the continued vitality of the ancient faith.

The address emphasized the critical development of the Orthodox faith in the first four centuries when the canon of the New Testament was decided, church doctrine defined in early ecumenical councils in the face of rising heresies, and Christians were persecuted until the legal acceptance of Christianity in the Roman Empire.

His Eminence then traced the development of Orthodox Christianity from its organization under the “Five Great Sees” or early Patriarchates, through the “Great Schism” with Rome, the Four Crusades, to the Fall of Constantinople in 1453, through the Middle Ages and to the modern day spread of Orthodoxy.

The audio version of the talk can be accessed at the Leadership 100 website, www.L100.org
Archbishop Demetrios celebrates birthday at the Conference as (l to r) Louise Athens, Evie Hasiotis, Jane Brody and Chairman Behrakis join in.
Speros Vryonis, Jr., one of the most eminent Byzantinists of his generation, and a member of Leadership 100, addressed the 16th Annual Conference at its Forum on Hellenism, describing the modern day destruction of the Greek Community in greater Istanbul, Turkey. The subject of his book, *The Mechanism of Catastrophe*, Prof. Vryonis, who had a distinguished career at UCLA and was the founding director of the Alexander S. Onassis Center for Hellenic Studies at New York University, described in harrowing detail the systematic destruction of the Greek Community in Istanbul in 1955 as a “pogrom” or “government-inspired organized violence targeting a religio-ethnic social group.”

This horrifying incident got little international attention at the time though 45 Greek communities through greater Istanbul and in Izmir were savagely attacked by arson and vandalism, destroying homes, shops, businesses, medical clinics, schools, newspapers and cemeteries, along with the majority of Greek Orthodox Churches. Thousands of Greeks lost their livelihood, hundreds were beaten and dozens killed. Survivors were forced to cover their losses, leading to the pauperization of the community, flight or expulsion from Turkey.

Professor Vryonis described the meticulous researching of the book from original sources in Greek, Turkish, French and English and support of its publication and distribution as one of 23,000 books going to every U.S. library, underwritten by Leadership 100 members, Angelo and Sofia Tsakopoulos and Michael and Mary Jaharis.

He said the treatment of minorities in Turkey has been at the center stage of its history due to an identity crisis and perennial internal struggle between the military and the government. He said the denial of civil and human rights to Greek Orthodox Christians, as well as to Jews, Armenians, Kurds and even minority Muslim communities by the predominantly Islamic but secular state has reached crisis proportions, bringing criticism from the Council of Europe and affecting Turkey’s desire to enter the European Union.

Professor Vryonis’s extensive work on the history and culture of the Greeks from Homer to the present, and on their relations with the Slavic, Islamic, and New Worlds, also includes the seminal *The Decline of Medieval Hellenism in Asia Minor and the Process of Islamization from the Eleventh through the Fifteenth Century; Byzantium and Europe; Studies on Byzantium, Seljuks and Ottomans; Byzantium: Its Internal History and Relations with the Islamic World; and Studies in Byzantine Institutions and Society*. He has also edited, among other volumes, *Aspects of the Balkans: Continuity and Change* (with Henrik Birnbaum); *Essays on the Slavic World and the Eleventh Century; Islam and Cultural Change in the Middle Ages; Individualism and Conformity in Classical Islam* (with Amin Banani); and *Islam’s Understanding of Itself* (with Richard G. Hovannisian). He is a Guggenheim Fellow and Fulbright Scholar, as well as a fellow of the American Academy of Arts and Sciences, the Medieval Academy of America, and the American Philosophical Society.

The audio version of the talk can be accessed at the Leadership 100 website, www.L100.org
Dr. Peter C. Gazes, who grew up living over his Greek immigrant father’s grocery store in South Carolina, is legendary in that state for being its first cardiologist and in the nation for literally writing the book on clinical cardiology. Vigorous and trim in their senior years, he and his wife, Athena, are fulfilled members of Leadership 100 and the best illustration of his advice on maintaining a healthy heart.

Dr. Gazes spoke at the Opening Breakfast of the conference with grace and wit on a rather serious topic: “Heart Attack Survival: Diagnosis, Treatment. Early Detection and Prevention.”

In keeping with his noteworthy career as Distinguished University professor at the Medical University of South Carolina in Charleston, his alma mater, and as author of Clinical Cardiology: A Bedside Approach, which was published in four editions, he gave a detailed lecture on the function of the heart and the coronary arteries, the dangers of plaque and blockage, and the danger signs of impending heart attack.

Hope comes in the form of medications that dissolve blood clots, use of a plain 5 grain aspirin when discomfort occurs in the chest radiating to the neck, lower jaw, left arms or both arms and in the technique of angiolasties and utilizing catheters and stents to keep vessels open.

HOPE FOR THE HEART FROM DR. GAZES

The risk factors have been well catalogued and include hypertension, smoking, high lipid levels, sedentary lifestyle, diabetes and family history of coronary disease, which can now be detected in a stress test, EBCT (Electron beam computed tomography), multislice CT scanners, MRI (magnetic resonance imaging) and so-called nuclear methods.

Moving on to controlling blood pressure and diabetes, eating less cholesterol and high fat foods, refraining from smoking and getting regular exercise (walking three miles a day is excellent) and maintaining normal body weight, Dr. Gazes focused on the link of cholesterol and coronary heart disease. The aim in combating the prevalent danger of high serum cholesterol is to have a decrease in LDL (low-density lipoprotein—"the bad actor") and VLDL (very low-density lipoprotein), and an increase in HDL (high-density lipoprotein—"the good actor").

The hope and the answer to the cholesterol problem come in the form of the right diet and early use of the right drugs. Calories must be controlled; processed, refined carbohydrates, starchy vegetables and saturated fats avoided; and fish and skinless poultry chosen over red meats. “If it can swim or fly, eat it,” says Dr. Gazes. Finally, eat soluble fibers like oat bran, beans, legumes and psyllium and have five or more daily servings of fruits and vegetable. Red wine and grape juice may increase HDL.

The right drugs are the celebrated “statins” that reduce LDL significantly, triglycerides less so, and minimally raise HDL, improving vessel wall function, reducing clot effects and inflammation. And the best all-around lipid-modifying agent is niacin, which not only reduces cholesterol (total LDL and triglycerides), but significantly increases LDL. Niacin can be combined with a statin drug for maximum effect.

Founder and Executive Director of the Cardiac Rehabilitation Program at the Medical University of South Carolina, Dr. Gazes devoted the end of his talk to prevention programs and cardiac rehabilitation for those who are recovering from heart attack. The key here is weight control and exercise and use of statin drugs, aspirin, ACE-inhibitor, beta-blocker and Plavix (if a stent has been placed).

True to his advice, Dr. Gazes follows his prescriptions for diet and exercise. In fact, he regularly works out at the Cardiac Rehabilitation Center. True to his roots, he is famous for his “loukoumades”, Hellenic causes and his close-knit family of Athena, their three daughters, two whose spouses are cardiologists, two grandsons who are physicians and a granddaughter who is married to a physician.

The audio version of the talk can be accessed at the Leadership 100 website, www.L100.org
Jane E. Brody, The New York Times Personal Health columnist who has been dubbed the High Priestess of Health by Time Magazine, addressed the conference on Nutrition, Health and Wellness for the Leadership 100 Family, beginning her talk with the admonition that “the body is the temple of the mind and the spirit”.

Brody, who received her B.S. degree in biochemistry from the New York State College of Agriculture and Life Sciences at Cornell University in 1962 and a master’s degree in science writing from the University of Wisconsin School of Journalism the following year, acknowledged that it is difficult to keep up with all the information on her subject. She said that the progress that has been made in reducing heart disease (deaths from which are declining faster than from cancer due to successful containment of smoking and high blood pressure) has bottomed out and Americans are getting fatter. The real secret to a long and healthy life, she opined, lies in how you live life, what and how much you eat, how you move your body and manage stress, whether you abuse alcohol or drugs or smoke cigarettes, and even whether you use seat belts.


She described exercise as “making time”, not “taking time” because it reduced stress and fatigue and that it gave you more energy. Exercise should be a routine like brushing your teeth or eating, she said. Exercise should include aerobic (walking and running), strength building and stretching. “Once you lose your health, everything else in your life is in jeopardy.”

When it comes to eating, Brody is ecstatic about the possibilities of preparing your own food with lots of fruits, vegetables and whole grains and small amounts of protein, mainly fish, a way of eating best exemplified in Mediterranean countries. Include beans, nuts and olive oil. Eat “like a king” at breakfast, “like a prince” at lunch and “sup like a pauper.”

Furthermore, exercising and eating properly is better for your heart, making it more efficient as a pump, sending nutrient-rich oxygen throughout the body. What’s more it will help control diabetes, high blood pressure, build bones, strengthen joints, and improve the nervous system, leading to clearer thinking and preventing cognitive decline. Such a lifestyle helps with mental health, combating depression. Also be sure to eat calcium and Vitamin D rich foods which are deficient in our population, and drink lots of water.

She summed up her talk by saying you can be 20 years younger by eating and exercising right and that “nobody will take better care of you than yourself.”

Brody resides with her husband Richard Engquist, a lyricist for stage musicals. Their twin sons, Erik and Lorin, both married, share her enthusiasm for wholesome food and fitness. She and Richard are the proud grandparents of four boys, including a pair of twins who at age 6 are still resisting her efforts to sell them on fruits and vegetables. She walks, swims, ice skates and cross country skis with friends, which exercises she recommends for the benefits of social interaction.

The audio version of the talk can be accessed at the Leadership 100 website, www.L100.org
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In a Forum on Health that featured Dr. Susan Deakins and Dr. Marjorie Moyar, both L100 members, participants at the conference heard of new hope for recovery in psychiatric disorders and substance abuse and successful methods for dealing with depression, anxiety and other psychological problems. As in other forums at the conference, they sounded strains of optimism and hope in keeping with the theme of the conference, “The Heritage of Hope”.

Dr. Deakins, a psychiatrist, discussed “serious and persistent mental illness” and the evolution of its treatment from the end of the 1940’s to the present day with the development of a “person-centered model”, a shift from a focus on symptoms and symptom reduction to recovery-oriented quality of life. She described “recovery” as a “journey of putting together a meaningful life,” looking forward, cultivating optimism, developing self-esteem and establishing goals in the company of others. She said that for the “recovery movement” to emerge, principles of human rights must be implemented and a positive culture of healing created. She concluded that dealing with mental illness was similar to dealing with the struggles of human experience in general.

Dr. Moyar, a psychologist, addressed those who are treated in a “private setting” as opposed to treatment for serious mental illness, in the so-called “public sector”. She described the rise of anxiety and depression which are “part of being human.” Focusing on cognitive restructuring or new ways or perspectives in which to think about old struggles, she spoke of dealing with change (discerning what is changeable), how to look at experience (as a collection of unique moments), and the discipline of memory (how to release anger, hurt and frustration). In delineating the varieties of anxiety, Dr. Moyar spoke of successful methods of dealing with it, including the changing of fearful beliefs, developing serenity skills, medications and diet and exercise. To complete recovery, she said, the individual must be freed of “fear of the future tainted by the trauma of the past that keeps the present from occurring.” “Only in the present moment can we be fully alive,” she concluded.

*The audio version of the talk can be accessed at the Leadership 100 website, www.L100.org*
John P. Calamos, Sr., featured speaker at the Business Forum, emphasized the impact of globalization on investment strategies and characterized the U.S. economy as very strong and as the engine of the world economy. Calamos, chairman, chief executive officer and chief investment officer of Calamos Asset Management, which he founded in 1977 and took public in 2004, said that while the U.S. economy appears to be slowing down, it is actually “very, very strong” and is “the engine of growth for the rest of the world.” In terms of investments, he said the global economy, as long as the U.S. economy is good, is “where to go.”

A pioneer in investment strategies and techniques to help manage risk, Calamos said “we need to think more globally” because globalization is such a powerful force in the world today. It used to be that we “lived or died” by what happened in the U.S. economy, that “there goes General Motors, there goes the rest of the economy.” Now policy mistakes here will drive investments elsewhere in the world. He said that good economies “don’t die a natural death, they are killed” and this can happen to the U.S. economy when the Federal Reserve raises rates too much or the Congress, with the intention of spreading wealth, raises taxes. If that happens, said Calamos, his job is to make money for his clients and ship assets to the rest of the world.

Globalization, he stressed, provides a context for good economic discipline. Governments will take note when policy mistakes cause money to leave their countries and go elsewhere. “Money flowing all over the world puts a check on governments and we need that check on governments.” So, “we need to think more globally about investments than ever before.”

Calamos put his economic lessons in the context of his own life and development, relating his upbringing as the son of Greek immigrants in Chicago. He said his parents derived true value from their Greek heritage and the Greek Orthodox Church, providing him with guidance and integrity. Besides studying finance and economics, he studied philosophy, as the legacy of the Greek contribution to civilization, and learned critical thinking. While he received an undergraduate degree in Economics and M.B.A. in Finance from the Illinois Institute of Technology, Calamos said his real schooling was in the United States Air Force where he served as a combat pilot during the Vietnam War and ultimately earned the rank of Major. He said this experience taught him the discipline and teamwork he later applied in building his business and in developing investment techniques to control risk, preserve capital and build wealth for clients over the long term.

He ended his talk by stressing the importance of his Greek heritage and the necessity of his generation passing it on to their children and of the role that Leadership 100, of which he is a member, can play in that generational transfer. In honor of his parents, Calamos has made many contributions to various Greek American community endeavors, including a major gift to the Hellenic Museum and Cultural Center in Chicago.

The audio version of the talk can be accessed at the Leadership 100 website, www.L100.org
**DR. JOHN HADJILOGIOU & FAMILY JOIN L100**

Dr. John Hadjilogiou, a Professor of Electrical/Computer Engineering at the Florida Institute of Technology, which is in Melbourne, Florida, was also a Fulbright Traveling Scholar, promoting American education in Greece, Cyprus and Egypt. He holds all his degrees in electrical engineering, B.S., M.S. and Ph.D., from the Polytechnic Institute of Brooklyn. Frances, who has a B.A. in English Literature and an M.A. in counseling, both from New York University, is the president, broker and owner of RE/MAX Olympic Realty in Brevard County, Florida.

The Hadjilogiou family has been active over the years in Saint Katherine Greek Orthodox Church in Melbourne and in the Metropolis of Atlanta. Dr. Hadjilogiou, currently on the parish council, was president for many years. He also headed up the festival and many other ministries at the church and was a member of the Metropolis Council.

Frances Hadjilogiou, who taught English Literature and was a high school guidance counselor before going into business, is a founding member of the Hellenic Dance Festival in the Metropolis of Atlanta and was a member since 2002 and a well-known presence at Leadership 100 conferences (pictured above at far right).

Dr. Hadjilogiou, former Director of the Center for Improving Engineering Education at the Florida Institute of Technology, which is in Melbourne, Florida, was also a Fulbright Traveling Scholar, promoting American education in Greece, Cyprus and Egypt. He holds all his degrees in electrical engineering, B.S., M.S. and Ph.D., from the Polytechnic Institute of Brooklyn. Frances, who has a B.A. in English Literature and an M.A. in counseling, both from New York University, is the president, broker and owner of RE/MAX Olympic Realty in Brevard County, Florida.

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Frances Hadjilogiou, who taught English Literature and was a high school guidance counselor before going into business, is a founding member of the Hellenic Dance Festival in the Metropolis of Atlanta and teaches Greek Dancing and Culture at Brevard Community College. She is a past Philoptochos president at St. Katherine and was Director of Religious Education.

Steven Hadjilogiou specializes in state, federal and international taxation and litigation at Baker & McKenzie LLP in Miami. He holds a Juris Doctor degree and graduated Cum Laude from the Frederic G. Levin College of Law at the University of Florida. He also holds a Master of Science in Business Education and graduated Magna Cum Laude from the Warrington College of Business at the University of Florida. Steven attended Holy Cross Greek Orthodox School of Theology for a semester and has been active in the Church, serving as camp counselor and youth group leader. He assists with a dance group at Saint Sophia in Miami.

Alex, who will be graduating in June from the same law school at University of Florida as his brother, was elected Chancellor of the Student Honor Court at the school. Prior to attending law school, he served four years as a United States Army intelligence officer. An honors graduate of the Officer Candidate School, he holds the Army Commendation Medal, the National Defense Service Medal and the Army Service Ribbon. He also spent a semester at the Holy Cross Greek Orthodox School of Theology and has served the Church as a camp counselor and youth group leader.

Prior to his current position, Tsandikos served as Vice President of J.P. Morgan Private Bank in New York and as an Associate with Burns and Levinson, Counselors at Law in Boston.

He is a member of Holy Trinity Archdiocesan Cathedral in New York where he has served as Vice President under three Presidents of its Board, and an Archon of the Ecumenical Patriarchate.

Tsandikos also serves as a trustee of The Bancroft School in Worcester, Massachusetts and of The Kallinikeion Foundation in New York. He is a Board Member of The Rockefeller Trust Company in New York.

**A DAY OF FUN & SHOPPING**

By Paulette Poulos

Here we go again......on Saturday morning, February 3rd, the ladies attending our Leadership 100 Conference boarded the buses and we were off to a morning of shopping and fun.

Upon our arrival at Saks-Naples, we were greeted by Manager Kellie Jacoby who escorted us to the delicious brunch which Saks prepared for our ladies. Following some informal introductions, we were then turned “loose” for a preview of their clothing, shoes, handbags and make-overs. It was such a delight to see our gracious ladies running from department to department picking up whatever they could hold in their hands. If someone was looking in from the outside, they would be convinced that we were all participating in a “rummage” sale. Some of our ladies could not decide on colors of shoes and dresses and decided, when in doubt, buy them both.

Upon our departure, the Manager thanked me profusely and commented, “one visit from L100 is better than a holiday shopping week”!

Hope to see you all next year in Palm Desert, California for another shopping venture.
L100 Partners, a new program for young professionals, was inaugurated at the General Assembly when the more than 150 delegates were introduced to new member Michael N. Bapis, who is chairing the initiative. The new program will allow young professionals to join Leadership 100 at reduced levels of contributions congruent with their age and advancement but culminating in the same overall commitment of $100,000. The Board of Trustees had approved the program at its Denver meeting in September of 2006, but final language was approved at the 16th Annual Conference meeting. In the meantime, L100 Partners held a Christmas event at the Olympic Tower in New York City that drew 150 participants. Chairman George D. Behrakis and Interim Executive Director Paulette Poulos addressed the group and the Onassis Foundation (USA) arranged a private tour of the new exhibit Athens-Sparta at the Onassis Cultural Center in the building (see pictures opposite page).

Bapis praised Chairman Behrakis and Paulette Poulos for their support and for organizing a successful conference. He said he anticipates an exciting upcoming year for the L100 Partners Program, whose primary goal he described as encouraging young Greek Orthodox professionals to become involved as the next generation of Leadership 100 members. He said 9 new L100 members under the age of forty joined with the full $10,000 a year commitment, while 3 joined as L100 Partners at the graduated levels based on age, provided for in the program.

He further said that after the inauguration of the program at the conference, he was receiving overwhelming support from the L100 Board and current members and has encouraged their children, grandchildren and family members and friends to become involved with the L100 Partners Program.

Young professionals gathered each night during the functions and after the functions at the conference in the hotel lounge to discuss plans to continue the gathering of the L100 Partners members and friends with a function that will be held on April 25, 2007 at the Olympic Tower in New York. Bapis encourages all young Greek Orthodox professionals around the country who are affiliated with L100 or would like to become affiliated with L100 Partners to join in the event. Plans also include developing an L100 Partners link and chat room on the L100 website.

For more information, please contact the L100 office @ 212-308-2627 or e-mail @ m.bapis@comcast.net.
Chairman Behrakis tees off.

2nd place winners in L100 Golf Tournament (l to r) Thomas Demakes, Marill Demakes, Athena Economou and Richard Economou.

3rd place winners in Golf Tournament (l to r) Nicholas Chimicles, George Alex and James Alex.

1st place winners in L100 Golf Tournament (l to r) – Elias Demakes, Emanuel Logothetis, Nicholas Coch and Tim Demakes.

Golf Tournament participants.

Jack Mitsakopoulos with (l to r) John Calamos, Yanni Catsimatidis, Peter J. Pappas & Angelo Tsakopoulos.
Tennis Tournament participants.

Jack Mitsakopoulos with Tennis Champion 1st place women – Helen Ballerano.

Jack Mitsakopoulos with Tennis Champion 2nd place women – Hyde Loupassi.

Jack Mitsakopoulos with Tennis Champion 1st place men – Gus Bitounis.

Jack Mitsakopoulos with Tennis Champion 2nd place men – Mike Manatos.

Closest to pin #16 winner, Michael Bapis (l) at awards luncheon with Jack Mitsakopoulos.

1st place winner and longest drive #17, Elias Demakes (l) awarded by Jack Mitsakopoulos, who chairs the sports event.
The Leadership 100 16th Annual Conference, February 1-4, 2007, drew some 450 participants with programs befitting its theme of “The Heritage of Hope”, opening with a stirring address by His Eminence Archbishop Demetrios of America on the history of the Orthodox Church.

Other speakers included the world renowned cardiologist, Dr. Peter C. Gazes, who spoke on Heart Attach Survival, the New York Times columnist Jane Brody, who spoke on Health and Wellness, the prominent scholar, Prof. Speros Vryonis, who related to a rapt audience the mid-twentieth century Turkish pogrom of Greeks in Asia Minor, psychiatrist Dr. Susan Deakins and psychologist Dr. Marjorie Moyar who brought a message of hope in the Forum on Health titled “Recovery for Living”, and John P. Calamos, well-know head of Calamos Asset Management, who spoke of a promising U.S. economy in the Business Forum.

The program concluded with a Grand Banquet where the former Mayor of New York City, Rudy Giuliani, gave the keynote address. Giuliani praised the values of Orthodoxy and Hellenism in receiving the Archbishop Iakovos Leadership 100 Award for Excellence, the first time the prestigious award was given to someone outside the Greek American Community.

Prior to the programs, Chairman George D. Behrakis of Lowell, MA presided at meetings of the Executive Committee and Board of Trustees. The Board re-elected some 13 of its 45 members, as well as three members of its 15-member Executive Committee, and elected George S. Tsandikos of the Archdiocesan District of New York to the one existing vacancy on the Board.
THE CONFERENCE IN PICTURES

Board members Peter M. Dion (l) and George Marcus with Paulette Poulos, L100 Interim Executive Director, and Alice Keurian, Director, Office of The Archbishop

Board member Lou Nicozisis (l) & wife, Helen (far right) with Board members Froso Beys & John Pappajohn

Board members Charles Cotros & George Safiol, who chairs Audit Committee

Margo Catsimatidis, Bill Grous, John Catsimatidis, Rhea Grous, Tom Constance, Yanni Catsimatidis, Penny Korkos, Janet Constance, Andrea Catsimatidis, and Dr. George Korkos

Prof. Vryonis (l) with Board member Basil Yanakakis

Board member Eve Condakes & husband, Leo, with Nancy Yanakakis

Mr. & Mrs. Constantine Papadakis (l) and Mr. & Mrs. Christopher Stratakis (r)

Margo Catsimatidis, Bill Grous, John Catsimatidis, Rhea Grous, Tom Constance, Yanni Catsimatidis, Penny Korkos, Janet Constance, Andrea Catsimatidis, and Dr. George Korkos
THE CONFERENCE IN PICTURES
His Eminence Metropolitan Maximos of Pittsburgh

Nicholas G. Karambelas

Michael & Eleni Bapis

John & Helen Psaras

Dr. George N. Carayannopoulos

Zoë Vlachos

ARCHBISHOP DEMETRIOS PRESENT ICONS
CIPIENTS & CHAIRMAN BEHRAKIS
TO NEW MEMBERS

George G. Demos

Theodore & Ann Zampetis
with Metropolitan Maximos

George Alex

John & Angela Baglaneas
with children Christine & Theodore

Dr. James C. Alex

Mantea Kapetanakis Schmid
with Metropolitan Iakovos
Elias Demakes

Christopher & Maria Pappas with Fr. Nicholas Triantafilou

Dr. Anton C. Vrame with Metropolitan Gerasimos

Michael & Katherine Johnson

Dr. John & Frances Hadjilogiou & sons Steven and Alexander
CIPIENTS & CHAIRMAN BEHRakis TO NEW MEMBERS

George S. Tsandikos

Lynda Ann Costas

Isidoros & Maria Garifalakis with Metropolitan Gerasimos

Costas & Antonia Perdikakis

Theodore & Demetra Argeroplos with children Nikephoros & Vasiliki with Metropolitan Evangelos
ARCHBISHOP DEMETRIOS & CHAIRMAN BEHRAKIS
PRESENT OBELISKS TO FULFILLED MEMBERS

OBELISK RECIPIENTS

Constantine & Molly Corpas

Argyris & Ann Vassiliou

Dr. Nicholas & Diana Terezis with former Chairman John A. Payiavlas (r)

Franklin & Mary Manios with former Chairman John A. Payiavlas (r)

Nicholas G. & Katherine Manos

Frank & Athena Sarris
ARCHBISHOP DEMETRIOS & CHAIRMAN BEHRAKIS
PRESENT OBELISKS TO FULFILLED MEMBERS

OBELISK RECIPIENTS

Kostas & Eileen Poulopoulos with children Ava, Basil & Nikole

Dr. Peter & Athena Gazes

Alexander & Erene Koukias

Arthur & Despina Anton, Jr. with father & former Chairman Arthur C. Anton

Lynda Ann Costas

Timothy & Stracie Maniatis with daughters Stephanie & Jenna

Dr. Peter & Athena Gazes
ARCHBISHOP DEMETRIOS & CHAIRMAN BEHRAKIS
PRESENT OBELISKS TO FULFILLED MEMBERS

Dr. George N. & Carol Galifianakis

Drake & Maria Behrakis with parents
Chairman George & Margo Behrakis

Thanasi & Stephanie Liakos with parents
Chairman George & Margo Behrakis

Dr. John & Betty Eliopoulos

Chairman George & Margo Behrakis

Dr. John & Betty Eliopoulos

Chairman George & Margo Behrakis

George P. & Bessie Psihas

Thomas & Elaine Kyrus

George P. & Bessie Psihas

Dr. George N. & Carol Galifianakis
In these pages, The Leader presents new members, fulfilled members, the achievements of members, and the activities of members, even visits of members to the Leadership 100 offices in the Olympic Tower in New York City. Leadership 100 is rich in members who have outstanding lives in business and the professions, in science and technology, in education and the arts. The common thread is that they are centered in family and Hellenic values, philanthropy and the pursuit of excellence.

As Leadership 100 grows in quantity of members, it also grows in the quality of its members, a testimony to the achievements of the Hellenic Community in America. Leadership 100 has set a goal of 1000 members and $100 million in its Endowment Fund by its 25th Anniversary in 2009. Why? Each member can achieve great things in his or her life, each family can achieve even greater things, but together, as a family of Hellenes, Leadership 100 can achieve extraordinary things.

By reaching its goals in the 25th Anniversary Fund, Leadership 100 will be able to double the grants it gives to $5 million a year, to educate seminarians, sustain the clergy, support the school of theology, advance the ministries of the Archdiocese and each Metropolis, and preserve and promote the Orthodox faith and Hellenic heritage.

There has been much talk about a major transfer of wealth in our society, to a new generation, and questions as to whether that new generation will be as philanthropic as their predecessors. The concern of Leadership 100, however, is with the transfer to the next generation of the treasures of the Orthodox faith and Hellenic values; that is fundamental, not only to philanthropy, but to perpetuating civilization itself, which is rooted in those very values.

Leadership 100 believes that Hellenes have a special responsibility to carry those values forward as a debt to previous generations and it offers a vehicle for the transfer of these real and true treasures to the generations ahead and to the whole society.

THE EDITOR
In a moving ceremony in the Presidential Place in Athens on February 28, Karolos Papoulias, President of the Hellenic Republic, honored five prominent members of Leadership 100, including Chairman George D. Behrakis, Angelo Tsakopoulos of Sacramento, California and Dr. George Hatsopoulos of Lincoln, Massachusetts. Two other members of Leadership 100 who were honored but could not attend were Michael Jaharis of New York and Alex G. Spanos of Stockton, California. Metropolitan Methodios of Boston also attended the event.

“Some of you are being honored for your contributions to the ideals of freedom and democracy, and others for your contribution to the arts and sciences. Still others among you are being honored for your accomplishments and the way you have led your lives, setting an example with your active display of love for Greece as her children living abroad, or as Hellenes in the larger sense of the word,” Papoulias said.

The prestigious awards were given for the first time in decades in notable recognition of the accomplishments of the Greeks of the Diaspora. Metropolitan Methodios said that he took “great pride” in the honorees from the United States, whom he described as “Patrons of the Church, institutions of education and cultural centers.” “Men like Mr. Behrakis or Mr. Tsakopoulos have offered a great deal to Hellenism,” he said.

Tsakopoulos said, “We accept these awards on behalf of all Greek Americans who could not be with us here today. No one can achieve anything significant by himself. We must gather together, through the support of the entire Greek American community, to do all we can to support Hellenism- the foundation of Western Civilization.”

Chairman Behrakis said, “It is an honor for me, and for my parents and family, who were among the first Greeks to have come to the United States. It is an honor for all Greek Americans who promote Hellenic values in the United States.”

Dr. Hatsopoulos said he was proud to be among all the accomplished Hellenes in what he characterized as “a marvelous ceremony.”

Other notable Greek Americans honored included former Congressman Michael Bilirakis, The National Herald Publisher and Executive Editor, Antonis E. Diamantaris, composer and Boston University professor, Theodore Antoniou, and journalist and World War II Greek resistance fighter, Elias Demetracopoulos.
General Carter W. Clarke and his wife, Irene G. Athans, are amongst the newest members of Leadership 100. Irene is the daughter of the late Nicholas Athans and Persa Athans who had joined Leadership 100 many years ago.

Irene and Carter first met in 1973 when Carter purchased a home built by Irene who was one of the first women contractors in the State of Florida. They met again some 25 years later and soon were married, residing in Longboat Key, Florida for some six years before moving to Palm Beach where they enjoyed relationships with the large Greek community, many of whom are members of Leadership 100.

General Clarke was born in Valdez, Alaska where his father was stationed with the responsibility of establishing the Alaskan Communications System for the U.S. Army. After graduation from the U.S. Military Academy at West Point, with a B.S. in Engineering, he spent 26 years in the Service. In the early 50’s he was stationed in Japan and participated in the Korean War. In subsequent years, he had a variety of command and staff positions serving in the U.S. and Germany. He had three tours in Vietnam, in the last of which he was a Brigade Commander of the 1st Air Cavalry Division. After returning to the U.S., he was instrumental in the conversion of the Army from a force based on a draft to that of a volunteer nature. He retired in 1973 as a Brigadier General. His military awards include the Distinguished Service Medal, 2 Silver Stars for Valor, 2 Bronze Stars for Valor, several Air Medals and a variety of other awards and decorations. He also received a Masters Degree in International Relations.

After his military retirement, General Clarke became a successful business entrepreneur, founding several companies, including Security Tag Systems, Inc., a company which specialized in manufacturing electronic security devices for use in detection, surveillance and security applications, and The Gemesis Corporation that today has over 200 growth vessels producing high quality diamonds having the same optical, chemical and physical characteristics as diamonds found in nature. He remains as the Chairman of this corporation.

Irene has a daughter, Stephanie, who graduated from the University of Florida and is now the Assistant Women’s Tennis Coach at Duke University. Carter has a son, Carter III, who graduated from Wake Forest University and founded his own advertising agency in St. Petersburg, Florida and a daughter, Julie, who graduated from George Washington University and is married to a British executive. They reside outside of London. Carter has two granddaughters and one grandson.
Froso Beys, a member of the L100 Board of Trustees, has been made a Vice President of Corcoran Group Real Estate, the leading residential real estate company in New York City. She has been acknowledged by the company for an “extraordinary record of successful sales.”

Born in Athens, Greece, Froso worked in her family’s shipping concern and as a broker in the financial markets before entering the real estate industry. She has lived her entire adult life in New York. In the mid-1960’s she attended Finch College where she earned her undergraduate degree in psychology, and later received an MBA degree in finance from Pace University.

She has been volunteering her services for 40 years to the Greek Orthodox Archdiocese, both on the local and national levels, including service as an officer of Philoptochos, and on the Holy Trinity Cathedral Board of Trustees.

In announcing the promotion, Corcoran cited her skills in “mixing well with people of all kinds, and from every walk of life, her financial savvy, business sense, entrepreneurial spirit, and intuitiveness,” which sounds remarkably like a list of the characteristics of Hellenism. She was further acknowledged for her outstanding communication skills and reputation for customer service.

Froso raised her son, Michael, in New York and is most proud of his achievements in serving as Assistant U.S. Attorney in Brooklyn and, now, as a highly successful real estate developer. Michael, a devoted New Yorker who ran for the New York City Council, has recently joined Leadership 100.

Froso has traveled the world extensively throughout the years. Fluent in Greek, she now enjoys going back and forth to Athens, Greece, where she still maintains an apartment.

Dr. George J. Korkos, longtime member of Leadership 100, has been honored by the Medical College of Wisconsin with the establishment of an endowed chair in his name, “The George J. Korkos Chair in Plastic Surgery”, providing a reliable source of funds for the College’s Department of Plastic Surgery.

The Korkos Chair is the culmination of the efforts of Dr. Korkos’s friends, colleagues and family who contributed to the endowment, income from which will educate the next generation of plastic and reconstructive surgeons, who will treat traumatic injuries, congenital birth defects and cancer-related issues, as well as aesthetic improvements.

A class of 1959 alumnus of the Medical College, Dr. Korkos volunteers as Associate Clinical Professor, assisting in the training of surgical residents. He has chaired alumni and fundraising efforts at the school for more than 18 years, as well as a fundraising drive to commission a statue of Hippocrates, the father of modern medicine, which is prominently displayed in the lobby of the Medical College.

“Dr. Korkos has had a positive impact on the lives of many, judging by the generosity of his friends and peers who supported this endowment,” said College President T. Michael Bolger, J.D.

An Archon of the Ecumenical Patriarchate, Dr. Korkos is a recipient of the Ellis Island Medal of Honor. His wife, Penny, serves on the Philoptochos National Board. The couple has two sons, Dr. James G. Korkos, an anesthesiologist, and Dr. Thomas G. Korkos, a plastic surgeon, both of whom are Medical College alumni. Their wives are Christine, a businesswoman, and Christina, a dentist, respectively. The Korkos’s daughter, Kathryn Theofilos, an attorney, and her husband, Dr. Charles Theofilos, a neurosurgeon, are also members of Leadership 100.

Paulette Poulos, honorary member of the Board of Trustees of St. Photios Shrine, joined His Eminence Archbishop Demetrios for the celebration of the 25th Anniversary of the shrine, which was established by the late Archbishop Iakovos.

Paulette is with the Executive Director of St. Photios Shrine, the V. Rev. Nicholas Graff.
John and Mary Pappajohn, longtime Leadership 100 members and supports of our Greek Orthodox Church, made a $30 million gift of 16 sculptures to a downtown park in Des Moines, Iowa. The sculptures will be placed permanently in Des Moines’s Western Gateway Park, and it is believed to be the single largest public donation in Des Moines history, promising to promote the city to the world art stage.

The sculptures come from the private collection of John and Mary Pappajohn who, for nine years, have been listed among the first 200 sculpture collectors in the world.

In an interview with The National Herald, John Pappajohn said of the gift and the collection, “It’s our hobby. We had those 16 pieces in our yard at home. We have a collection of about 400 pieces.” The sculptures, which will be owned by the Des Moines Art Center, will begin to be placed in the park this spring.

The donation to Western Gateway Park includes a bronze rabbit called “Thinker on a Rock” by artist Barry Flanagan, and a giant spider by Louise Bourgeois. A similar work by the same artist recently sold for $4 million. A 38,000-pound sculpture by Mark Di Suvero is also part of the Pappajohns’ gift.

In addition to serving on the Board of Trustees of Leadership 100, John Pappajohn was a member of the Executive Committee of the Archdiocesan Council for a number of years. Today, he is a member of the Council’s Finance Committee.

Pappajohn graduated from the University of Iowa in 1952 with a bachelor’s degree in business. The university has been a main beneficiary of his philanthropy.

The Pappajohns have established the Pappajohn Business Administration Building at the University of Iowa Business School, the Pappajohn Pavilion at the University of Iowa Hospital & Clinics, and the John & Mary Pappajohn Clinical Cancer Center. They also recently committed $2 million to help finance the new John & Mary Pappajohn Higher Education Center, a collaborative of seven universities and colleges in the state of Iowa.

Pappajohn has also organized and financed the John Pappajohn Entrepreneurial Centers at five different colleges in the Iowa state school system for more than $10 million dollars. These centers, ranked among the top ten business schools by the editors of the Princeton Review and Forbes, have helped create and launch more than 1,000 new companies. They have funded the NIACC Pappajohn Business Building in Mason City, Iowa in 2001. In 1997, they established the John & Mary Pappajohn Scholarship Fund for ethnic, disadvantaged and minority students (several hundred thousand dollars in scholarships have been granted since then).

John Pappajohn first entered the business world in the insurance industry, establishing an insurance agency, and later becoming chairman of the board for Guardsman Insurance Investors, a public insurance holding company. In 1969, Pappajohn organized Equity Dynamics Inc., a financial consulting entity, and Pappajohn Capital Resources, a venture capital firm in Des Moines. He is a venture capitalist pioneer. Since that time, Pappajohn has been involved in more than 100 startups, and has served as director of more than 40 companies.

John and Mary began collecting art soon after they were married in 1961 and still own their first painting for which they paid $100. Mary Pappajohn serves on the committee that acquires pieces at the Walker Art Center in Minneapolis. She is a graduate of the University of Minnesota. John serves on the collectors committee of the National Gallery of Art. The Pappajohns have one daughter, Anne Vassiliou, who with her husband, Argyris, are also members of Leadership 100.
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Sotiris & Matina Kolokotronis Sacramento, CA

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Seminarians Visit L100 Offices

IN MEMORIAM

JUDGE YORKA C. LINAKIS
12/12/2006
Jamaica, NY

NANCY A. TOMARAS
03/01/07
Chicago, IL

CONSTANTINE P. LAPASEOTES
Bridgeport, NE

Our thoughts and prayers go to the family and friends of our beloved members.

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